#### BeKo Träger e.V.:



Arbeiterwohlfahrt Stadtkreis Gießen e.V.



Arbeiterwohlfahrt Kreisverband Gießen-Land e.V.



Caritasverband Gießen e.V.



Deutsches Rotes Kreuz Kreisverband Marburg— Gießen e.V.



Diakonisches Werk Gießen



Johanniter-Unfall-Hilfe e.V. Regionalverband Mittelhessen

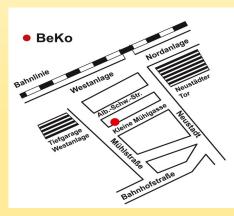


Cießen

Stadt Gießen

Landkreis Gießen

#### How to find us:



We can be reached by phone Monday to Friday from 8.30 am.

### Tel.: 0641 979009 0

Please arrange an appointment. Evening appointments are also possible.

Drop-in appointments on following days: Tuesdays 9.00 - 12.00 Wednesdays 13.00 - 16.00

Beko

#### Kleine Mühlgasse 8 35390 Gießen

Tel.: 0641 979009 0 Fax: 0641 979009 28 seniorenberatung@beko-giessen.de www.beko-giessen.de



....selbstbestímmt ím Alter!

Beratungs– und Koordinierungsstelle für ältere und pflegebedürftige Menschen

in der Stadt und im Landkreis Gießen



**Counsel for senior citizens** 

**ENGLISH** 



#### **Our Offerings**

BeKo is a central contact point for elderly citizens in the municipality and district of Giessen.

We offer extensive information and advice to you and your family in structuring and coping with your day to day life.

Our advice is free of charge, confidential and independent of sponsors. We are happy to advise you by telephone, in writing or personally.

We support sellow citizens who don't speak German with a translater.

We conduct house calls if and when required.

# Should you have questions regarding...

- domestic care and care in old age
- applications and legal claims according to the social security law
- cost of services
- living accomodations suitable for senior citizens
- pension plans
- support and relief for family members
- crisis situations
- other age-related issues

... please do not hesitate to contact us. We look forward to helping you.

# stions We offer detailed information about

- services and facilities for the elderly in and around Gießen
- possibilities of voluntary work

Our advice is based on your

individual needs and wishes.

We support you in continuing to live in your own home for as long as possible.

If necessary we will assist you in securing the services of a translator.

BeKo works closely together with the care liason office located on our premises.

## Tel. 0641 979009 0